



Sunday Services

Holy Eucharist.....8.00am
Open Spirit Contemporary Worship.....9.30am
Family Eucharist.....10.30am

Weekdays

Holy Eucharist Tuesday.....10.30am
Holy Eucharist Wednesday 7.30pm
Rector's Office Hour Tuesday 11.45am till 12.45pm

Thursday 10.30am.....Intercession Group meets in Lower Hall
First Thursday10.45am.. Coffee Morning in Lower Hall
Saturday at 7.30am to 8.30am.....Prayer Meeting in Vestry
Saturday at 7pm..... Badminton Club meets in Main Hall

See the inside back cover for contact people & organisers

JUNE 2010

THE MESSENGER

www.stmichaelhelensburgh.org.uk

***The Magazine of St Michael
and All Angels
Episcopal Church
Helensburgh***

THE SCOTTISH EPISCOPAL CHURCH
ST MICHAEL AND ALL ANGELS, WILLIAM STREET, HELENSBURGH

Charity Registered in Scotland SC006468

The Bishop of Glasgow & Galloway
The Very Rev Gregor Duncan

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Church Group Leaders Contact People Organisers

Ask how to join or help. Perhaps bring new ideas for new activities
You will be welcome. Please let the editor know if any changes are needed.

Sunday School		
Infants, Juniors and Bible Class	Anne Cook	672500
Crèche	Rosemary Rose	672164
Sidesmen	Brian Kyle	672951
Bellringers	Kitty Fleming	676963
Reading (Lessons) Rota	Jean Carter	672992
Cleaning Co-ordinator	Vacant	
Visiting Co-ordinator	Robbie Cornish	676293
Flowers	Anne Purdy	672722
Sunday Coffee Rota	Margaret Horrell	676936
Intercession Group	Pat and Ian Smith	671091
BRF (Bible Reading Fellowship Notes)	Susan Lewis	01389 841592
Mothers' Union Branch Leader	Trish Robertson	674535
USPG	Marion Blake	673960
Keep Fit/ Hall Convener / Monthly Coffee Morning Rota	Maureen Kyle	672951
Hillwalking and Rambling Club	Jo Scott	673430
Badminton Club	Shaun Hoey	671718
Traidcraft	Jo Scott	673430
Vale of Leven Hospital Tea Bar	Kate Moos	673232
	& Sophie Hamilton	671074
St Michael's Art Group	Maurice Cornish	676293
Magazine Editor	Richard Horrell	676936
Assistant Editor	Vacant	
Collation / Distribution	Barbara Hoey	671718
	& Morag Carlaw	672090

LECTIONARY JUNE 2010

Sunday.	Eucharist.	Evensong.
6 th .	1 Kings 17:8-16. Galatians 1:11-end. Luke 7:11-17.	Jeremiah 6:16-21. Acts 22:22 – 23:11. Psalm 37:1-11.
1 st . after Trinity.		
13 th .	1 Kings 21:1-10+15-21a. Galatians 2:15-21. Luke 7:36 – 8:3.	Jeremiah 7:1-16. Acts 23:12-35. Psalm 39.
2 nd . after Trinity.		
20 th .	1 Kings 19:1-7. Galatians 3:23-end. Luke 8:26-39.	Jeremiah 10:1-16. Acts 27:1-12. Psalm 49.
3 rd . after Trinity.		
27 th .	2 Kings 2:1-2+6-14. Galatians 5:1+13-25. Luke 9:51-62.	Numbers 11:1-14. Acts 27:33-44. Psalm 53.
4 th . after Trinity.		

From The Rector.

A bit of a hotch-potch for this month.

At the May Vestry Meeting the subject of Spirituality in the church was touched upon. I made the point that, apart from our regular worship (and don't forget that this includes the Said Eucharists on Tuesday mornings and Wednesday evenings), people's spiritual sustenance is catered for by the 2 prayer groups (Thursday morning and Saturday morning), by the 'Christianity Explored' Course (which I believe is probably going to be repeated), and by the small groups or Bible study groups which meet on Monday mornings, Tuesday evenings, and Wednesday evenings. In addition, Susan Lewis encourages people to take Bible Reading Fellowship daily notes to assist people in their own daily devotions.

Group prayer *for our church* should be an important part of St. Michael's spiritual life. I don't include in this our Eucharists, because in public worship we cannot pray for all the specific topics for which we ought to be praying. It is a fact of life that, amongst other things, active and faithfully-supported prayer groups are a hallmark of growing and thriving churches.

Small groups (the ones we call Bible study groups) are a similar hallmark. In fact, 'small groups' are often said to be the future of much of the church, because many people today are not very interested in large-scale gatherings in a church on a Sunday. So these groups meeting on Mondays, Tuesday, and Wednesdays, should be seen now as an important part of our church's life and future.

An important aspect of successful small groups is that, by-&-large they are led by the people who attend them. Successful small groups are ones where people can speak and pray freely, without feeling that perhaps they have to 'get it right' or 'toe the line'. Which is why successful small groups generally work very well without the presence of the parish clergy!

Since the May 'Messenger' appeared, our Diocese finally has a new Bishop, Dr. Gregor Duncan and we also have a new Dean, Ian Barcroft, Rector of St.Mary's Hamilton. A new era begins, which will be interesting, because, as we would expect, Gregor Duncan will give a different kind of Episcopal leadership from that of Idris Jones. Please pray regularly for Gregor and Ian in their new ministries of leadership in the Diocese.

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Another suggestion that was made at the May Vestry Meeting, was that some of the names from the church Prayer List should appear on the weekly Bulletin, to assist people in their praying during the week. Squashing some of these names on to the Bulletin will sometimes be difficult, so Notices may have to be abbreviated! If you don't often come into church during the week and see the Prayer List, please make good use of this *aide memoire* for your own prayers.

Finally, a quote from a recent sermon, included because, despite our supposedly sophisticated society, an awful lot of people live in fear, to a greater or lesser extent (why else are we the third most surveilled population in the world, after the populations of China and Russia) and why is our country littered with so many alarms?

'Many people today are afraid of those who are different from them – and this fear inhibits them. But if we are confident in God's love and choose to follow Christ's example, we can overcome our fear. Fear hampers true enjoyment of life; it stops us doing things. We cannot flourish in a state of fear - if instead of seeing possibilities we see only threats, instead of hopes and dreams we worry ourselves into nightmares.

The real disciples must have been afraid at times too, but their faith was so strong that they faced the challenges with confidence. Through prayer, through reflection, and through meaningful conversation with others, we too can face our own challenges with confidence and trust in God'.

God Bless you all

The Rector

This year's General Synod will take place on 10-12 June in Palmerston Place Church, Edinburgh. Synod agenda and papers will shortly be sent to Synod members and thereafter will be available online. Anyone who is not a member of General Synod is welcome to observe proceedings from the public gallery.

A Shocking and Moving Image

My usual stamping-ground on behalf of the Scottish Episcopal Church is the triangle bounded by Glasgow, Edinburgh and Castle Douglas, so a recent trip to a conference in Sweden was a rare treat indeed, writes the Rev Canon David Bayne.

Its purpose was to offer Anglican clergy an insight into the Nordic Lutheran Churches with which we are now in communion under the Porvoo Agreement. From a packed four days I'd like to share just one highlight, in a visit to the Parish Centre at Kista—a quite poor and ethnically diverse parish in the northern suburbs of Stockholm.

The building is a modern symphony in red brick, with the church embedded in a complex that includes meeting rooms, offices, café, crèche and crypt-auditorium.

The rector, Dr Michael Öjermo, explained that the architect had drawn his inspiration from a crucifix that now hangs in the Lady Chapel. Found in a flea-market in Cologne in the aftermath of World War II, the crucifix is the bomb-damaged ruin of a once-valuable object: the cross is no more than a remnant of gold leaf, from which hangs a Christ whose arms have been blown off.

It's an image both shocking and moving that says to all who see it: 'I have no hands but yours...'

No longer valuable, but somehow more precious.

From that image has risen a church centre dedicated to working for Christ in its community. And it does indeed work.

On a Saturday afternoon the place bustled with activity that clearly was not just for our benefit: two baptismal parties; practising musicians; meetings; people having a coffee. And then there are the Lutheran, Eritrean Coptic, Iranian and South American congregations who deserve an article to themselves.

This surely has to be one model for the future of the Church. Christians of all kinds of backgrounds sharing their faith, glorying in their diversity, worshipping as they work, for the sake not just of themselves, but of the people around them.

And, at the quiet centre of it all, Christ, gently insistent: 'I have no hands but yours.'

OVER FIFTY LAY READERS FROM ACROSS SCOTLAND gathered for their first national conference at the National Police College, Tulliallan. Together with Diocesan Wardens of Readers, Readers in training, the Primus, Bishop Bob and a couple of visitors from across the border, the conference explored what it means to be a Lay Reader in the SEC in the 21st century.

Under the leadership of Brian Woodburn (a Reader from Galloway), the conference was organised by a steering committee drawn from across the Province. The committee's vision for the conference was for Lay Readers to have an opportunity to meet, worship and learn together and to consider what contribution Lay Readers could make to the ministry and mission of the church.

The conference was well served by a series of excellent speakers and workshop leaders. Dr Christina Baxter, herself a Reader and Principal of St John's College, Nottingham led the conference in bible study and preached at the closing Eucharist on the theme of the Emmaus road experience – the passage on which the worship group had based the various acts of worship throughout the weekend. The Primus provided the keynote address and led an animated discussion on the place of Reader ministry within the church and Scottish society.

The conference was also able to compare its experience in selection, training and deployment with our sister churches with presentations from the Church of England, the Church of Scotland and the Methodist Church in a session called 'A View over the Fence'. The Revd Darren McFarland (Convener of the Liturgy Committee) explored the development of the planned Ministry of the Word worship material while a series of workshops were offered to provide practical skills and advice in subjects ranging over Bereavement and Funeral Ministry; Preaching in Visual Age; Godly Play; Faith in Older People; and Powerpoint and Internet Resources.

The excellent facilities at Tulliallan allowed the participants to relax and meet each other and links were formed which will last into the coming years. As they left to travel back to their home churches and dioceses, the overwhelming response seemed to be 'When are we doing this again?'.
Category: Ministry Development, Scottish Episcopal Church

Vestry Report May 2010

A major item this meeting came from the vestry away day, 'Leading Your Church Into Growth'. David started by quoting a survey of how little church members pray and explained that growth will only come through prayer. It was agreed that more prominence should be given to the prayer and bible study groups in the church and to make them more central to the church's life. The three bible study groups, Monday morning, Tuesday evening and Wednesday evening are now on holiday until the autumn but new members would be very welcome when they restart. The prayer groups are listed in this magazine.

The vestry also agreed the charitable giving. Each year we give 10% of our 'living giving' to charities divided between Home and Overseas Missions and relief of suffering at Home and Overseas.

This year's giving comes to £8429 made up as follows:-

Helensburgh Area Christian Youth Project	£2,300.
Preshal Trust	£500.
Support to St Mungo's, Alexandria	£500.
Rector's Discretionary Fund	£230.
Diocese of Byumba	£1,400
The Beacon Trust	£200.
SEC Missionary Association	£1,000.
Bishop's Lent Appeal	£150.
SEC Community Fund	£750.
Indonesia/Philippines/Viet Nam Cyclone Appeal	£449.
Scottish Churches Housing Association	£350.
Reserve for future emergencies.	£200.
St Rollox Refugee Centre	£400.

>>>From the restoration report we confirmed our support for the proposed new lighting and that the banners should go back into the church now that the restoration is complete. The lighting will be the final part of the restoration but details have still to be finalised.

Returning to last month's report I have not had many comments on the format of future AGMs. Please let me know what you would prefer.

John Lewis

THANK YOU

Michael and Rosemary Wilson would like to thank everyone who came to the Daffodil Tea and for contributions of baking. Your generosity was much appreciated. The sale of homemade preserves, daffodils, garden manure and donations resulted in £355.69 for St Michael's Church. A happy afternoon was enjoyed by all. A special thank you to Margaret & Norman Wardil and John Hanks for their help.

St Michael's Readers List - June 2010

Date	8.00am	10.15am	6.30pm
6	Patricia Eglington	James Ashby	Kate Moos
13	John MacCallum	Robbie Cornish	Joan Sadden
20	John Johnston	Hugh Carter	David Ronald
27	Nigel Allan	Jill Braid	Margaret Gilbert

The Community Fund needs your support

Established in the 1980s, the Community Fund is designed to make small, one-off grants, to people in desperate need who cannot find help elsewhere. It is run from the General Synod Office and is funded by donations from individuals or congregations. It has helped many people to buy basic items of furniture, eg cookers, heaters, and flooring as well as winter clothing and shoes for children and occasional assistance with transport and some financial assistance to enable people to take up employment. The letters of thanks received show that it has made an enormous difference to many lives.

In 2007, General Synod agreed to:

establish a Gift Day throughout the whole of the Scottish Episcopal Church; that the said Gift Day be fixed for the last Sunday in June each year; that a special additional collection be taken within each Church on that day and that the proceeds of all of these collections be added to the Scottish Episcopal Church's Community Fund thereby raising the profile of the said Community Fund.

Congregations are encouraged to support the Gift Day. Anyone wishing to contribute to the Community Fund can do so by contributing to the Annual Gift Day through their congregation. Where possible this can be maximised through the use of Gift Aid and it would be best if gifts could be made to the local congregation so that the congregation can recover the tax.

The full amount, including any tax recovered, can then be remitted to the General Synod Office, 21 Grosvenor Crescent, Edinburgh EH12 5EE. Cheques should be made payable to "The Scottish Episcopal Church".

Donations can also be sent directly to the General Synod Office throughout the year.

Sign up for news about the Scottish Episcopal Church at <http://www.inspires.org.uk/subscribe>

ECO-CONGREGATION

On Saturday 12th June there will be a Helensburgh and Lomond Eco Group Coffee Morning at the URC. There will be visual examples of the work being done locally, including displays from local schools. The Grab Trust will show what they do vis-a-vis recycling etc in Helensburgh. It is hoped that a representative from the Energy Trust will also be present.

There will be a homebaking stall to which you are please asked to donate. Entry will be £1.50 for adults and children will be allowed in free.

On 19th May a representative from the Energy Trust came to assess the Church's energy use and we await his report in due course . He had some simple suggestions for us to adopt which may cut the heat loss around our buildings and the boiler room without too much outlay (hopefully) . Thank you to Katherine Black, Nick Parry and John Sadden who collated the information to present to the Trust.

Margaret Horrell

THE MESSENGER

Handing in Sunday	13th June	15th August
Stapling Day	23rd June	25th August
Publication Sunday	27th June	29th August

Please email your signed contributions to :-

rghorrell@talktalk.net or telephone 676936.

FROM THE RECTOR

FANCY SOMETHING SHORT AND SWEET?

**Why not come and try
OPEN SPIRIT?**

WHO? anyone at all - singles, families, any age.

WHAT? contemporary music and Bible readings, drama, movement, participation!

WHEN? 9.30 – 10.00 every Sunday morning.

WHERE? here at St. Michael's.

COME AND JOIN US!

OPEN GARDENS DAY

There will be an open Gardens day on Sunday 13th June between the hours of 2.30pm – 5.30pm.

The three gardens in Helensburgh are as follows:-

James & Sue Ashby, 8, West Abercromby Street, Helensburgh
Jo Scott, 61, Mcleod Drive
Jill Braid, 41, Charlotte Street, Helensburgh

The fourth is at Rie & Ben Bellamy's, Portkil House, Kilcreggan, where there will be a shared tea, which means contributions of home baking will be much appreciated.

Hope to see lots of you there!

This is a social event!!!!!!

Trish

P.S Posters and Maps are in the Church Hall

MOTHERS' UNION FESTIVAL SERVICE

On Saturday 15th May, Margaret Horrell, Margaret Gilbert and myself went to the Festival Service at Holy Trinity in Ayr. It was a really lovely occasion with an excellent turnout. We all met up for coffee and Margaret Horrell prepared the enterprise table. At 11.00am we went into the church for the start of the service. Bishop Gregor Duncan presided along with the Rev. Jeanette Jenkins. The MU banners were carried in and then we had the commissioning of the new Diocesan President, Ann Glenesk and office bearers, Ann, Carolynne, Wendy, William, Margaret, Elsie, Enid, Caryl, Jill, Sylvia, Joan, Kathryn, Susan, Barbara and the Rev. Peter Douglas, the new MU Chaplain. Unfortunately, we were informed just as the service started that he and his wife had been involved in a car accident. Thankfully it seems from what we heard later that no one was seriously hurt. Long service certificates were presented to those with 40 years service or more. The service was beautiful with lovely traditional hymns and an excellent sermon from the Bishop.

An offering was taken for the Overseas Fund.

Trish

CHRISTIAN AID

The full details of the amount raised during Christian Aid week were not available when the messenger went to press, however, the St Michael's portion of the House to House Collections raised at least £1099 out of a total for House to House Collections of £4842. Many thanks to all collectors and donors for raising such an impressive amount.

Gill Packard

BEATITUDES FOR FRIENDS OF THE ELDERLY

*Blessed are they who understand
my faltering step and palsied hand
Blessed are they who seem to know that my ears
must strain to hear the the things they say
Blessed are they who seem to know
that my eyes are dim and my wits are slow
Blessed are they who look away
when coffee spills on my table today
Blessed are they with cheery smile
who stop to chat for a little while
Blessed are they who never say:
you've told that story twice today
Blessed are they who know the ways
to bring back memories of yesterdays
Blessed are they who make it known
that I'm loved, respected and not alone
Blessed are they when I'm at a loss
to find the strength to carry the cross
Blessed are they who ease the days
of my journey HOME in loving ways*

Anon

Quotable Quotes

Start by doing what's necessary then what's possible and suddenly you are doing the impossible.
St Francis of Assisi

The important thing in life is not to have a good hand but to play it well.

Louis N. Fortin

New Dean and Bishop for Diocese of Glasgow and Galloway

The Rt Rev Gregor Duncan was consecrated as the new Bishop of Glasgow and Galloway on 23 April 2010. On the following Sunday, Bishop Gregor installed a new Dean, the Very Rev Ian Barcroft.



Photograph - The Very Rev Ian Barcroft, the Rt Rev Gregor Duncan and the Very Rev Kelvin Holdsworth. Many thanks to Gordon Smith of St Mary's Cathedral, Glasgow for supplying the photograph.

In commenting on the present outcome of the General Election The Most Rev David Chillingworth, Bishop of St Andrews, Dunkeld & Dunblane and Primus of the Scottish Episcopal Church says :-

“We pray regularly for our political leaders. This is a moment at which they particularly need our support in prayer. A gruelling election campaign is going to be followed by a difficult period of discussion before the shape of the next government will emerge. But we also give thanks that the election campaign was able to draw forth a new interest and engagement from people across the community - a sign of new health in our political process.”

ST MICHAEL'S RAMBLING CLUB

Date/Time	Description	Grade	Leader
12 June 0900	Sgorr nam Fiannaidh (967m) Glen Coe	Hard	Pete Ashton 676959
26 June 0830 Prompt!	Glen Nevis area Details to follow	Various	Jo Scott 673430

For more information please contact the designated leader, who will produce full details nearer the time or Jo Scott 673430

INSPIRES

Inspires is the magazine of The Scottish Episcopal Church. It was launched in February 2005 to replace the church's newspaper The Scottish Episcopalian.

Inspires is now produced quarterly (spring, summer, autumn, winter) is full colour and A4 size in design. It covers a wide and varied range of topics of local and global interest or concern, articles reflecting the life of the Church and features comment, opinion and reflection from various contributors. All this is supplemented with notices of appointments, retirements, obituaries and book reviews.

Inspires Online

Our online newsletter Inspires Online complements our quarterly printed magazine, and the news published on the website.

<http://www.scotland.anglican.org/index.php/news/inspires/>

Sign up free for regular SEC e-newsletters (you can unsubscribe at any time).

Inspires costs £1.50 and can be bought from most Scottish Episcopal Churches. You can also subscribe: the annual subscription rate is £8 for subscribers within the UK.

CALENDAR	FOR	JUNE	2010
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Tuesday 1st June
 10.30am Eucharist
 11.45am – 12.45 Rector available in the Choir Vestry
Wednesday 2nd June
 7.30pm Eucharist
Thursday 3rd June
 10.30am Intercession Group
 10.45am Coffee Morning
Saturday 5th June
 7.30am Prayer Meeting (to 8.30)
 1.15pm Ministry Celebration Service; Holy Trinity, Ayr. (Preceded by light lunch at Noon.) All are invited.

Sunday 6th June - FIRST SUNDAY AFTER TRINITY.

8.00am Said Eucharist (1970 Rite)
 9.30-10.00am ‘Open Spirit’ contemporary worship (Creche facility available)
 10.15-11.00am Sunday Clubs for children
 10.30-11.30am Sung Eucharist (Creche facility available)
 6.30pm Prayer Book Choral Evensong

Monday 7th June
 Mothers’ Union Lunch Outing. ‘Village Rest’, Luss.
 7.45-9.30pm. Vestry Meeting, Judy Harbour’s.

Tuesday 8th June
 10.30am Eucharist
 11.45am – 12.45 Rector available in the Choir Vestry
 7.45pm. Social Committee meeting, John Hank’s.

Wednesday 9th June
 7.30pm Eucharist
Thursday 10th June
 10.30am Intercession Group

Saturday 12th June
 7.30am Prayer Meeting (to 8.30)
 9.00am St. Michael’s Rambling Club: Sgorr nam Fiannaidh (967m), Glen Coe, Hard, Pete Ashton 676959
 10.00am Helensburgh & Lomond Eco Group Coffee Morning at the URC

Sunday 13th June - SECOND SUNDAY AFTER TRINITY.

‘Open Gardens’ in the afternoon. See Page ? for details.
 8.00am Said Eucharist (1970 Rite)
 9.30-10.00am ‘Open Spirit’ contemporary worship (Creche facility available)
 10.15-11.00am Sunday Clubs for children
 10.30-11.30am Sung Eucharist (Creche facility available)

6.30pm Prayer Book Choral Evensong

Tuesday 15th June
 10.30am Eucharist
 11.45am – 12.45 Rector available in the Choir Vestry

Wednesday 16th June
 7.30pm Eucharist
Thursday 17th June
 10.30am Intercession Group

Saturday 19th June
 7.30am Prayer Meeting (to 8.30)

Sunday 20th June - THIRD SUNDAY AFTER TRINITY.

8.00am Said Eucharist (1970 Rite)
 9.30-10.00am ‘Open Spirit’ contemporary worship (Creche facility available)
 10.15-11.00am Sunday Clubs for children
 10.30-11.30am Sung Eucharist (Creche facility available)
 6.30pm Prayer Book Choral Evensong

Tuesday 22nd June
 10.30am Eucharist
 11.45am – 12.45 Rector available in the Choir Vestry

Wednesday 23rd June
 7.30pm Eucharist

Thursday 24th June
 10.30am Intercession Group

Saturday 26th June
 7.30am Prayer Meeting (to 8.30)
 8.30am St. Michael’s Rambling Club: Glen Nevis Area, Details to follow, Jo Scott 673430

Sunday 28th June - FOURTH SUNDAY AFTER TRINITY.

8.00am Said Eucharist (1970 Rite)
 9.30-10.00am ‘Open Spirit’ contemporary worship (Creche facility available)
 10.15-11.00am Sunday Clubs for children
 10.30-11.30am Sung Eucharist (Creche facility available)
 6.30pm Prayer Book Choral Evensong

Tuesday 30th June
 Schools close.
 10.30am Eucharist
 11.45am – 12.45 Rector available in the Choir Vestry

Wednesday 31st June
 7.30pm Eucharist