

**September and October 2019**

# THE MESSENGER



***The Magazine of  
St Michael And All Angels  
Episcopal Church, Helensburgh  
[www.stmichaelhelensburgh.org.uk](http://www.stmichaelhelensburgh.org.uk)***

**ST MICHAEL AND ALL ANGELS, WILLIAM STREET, HELENSBURGH**

Charity Registered in Scotland SC006468

**The United Diocese of Glasgow & Galloway**

**Interim Bishop: The Most Revd Mark Strange,  
Bishop of Moray, Ross and Caithness, Primus**

Diocesan Website: [www.scotland.anglican.org/diocese/glasgow](http://www.scotland.anglican.org/diocese/glasgow)

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## Church Group Leaders

## Contact People/Organisers

|  |                          |              |
|--|--------------------------|--------------|
| Young Church   | Samantha (Sammy) Harris  | 676585       |
| Crèche   | Pauline and Ray Williams | 673944       |
| Sidespersons   | Chris Sanders            | 678028       |
| Bellringers  | Kitty Fleming            | 676963       |
| Reading (Lessons) Rota   | Nigel Allan              | 671875       |
| Cleaning Co-ordinator  | Barbara Hoey             | 671718       |
| Visiting Co-ordinator  | Sheila Baker             | 674686       |
| Flowers  | Sue Ashby                | 675541       |
| Intercessions Rota, Laundry, Soft<br>Fabrics and Chief Sacristan | Joan Sadden              | 672422       |
| Sunday Coffee Rota   | Margaret Horrell         | 676936       |
| BRF (Bible Reading Fellowship Notes)                             | Marion Blake             | 673960       |
| Mothers' Union Branch Leader                                     | Richard Horrell          | 676936       |
| USPG   | Marion Blake             | 673960       |
| Hall Convener/ Monthly Coffee                                    |                          |              |
| Morning Rota   | Maureen Kyle             | 672951       |
| Eco Congregation   | Margaret Horrell         | 676936       |
| Hill walking and Rambling Club                                   | John Hanks               | 675010       |
| Social Committee   | John Hanks               | 675010       |
| PVG Co-ordinator   | Joan Thompson            | 423451       |
| St Michael's Art Group   | Margaret Gilbert         | 675136       |
| Magazine Editor  | Richard Smith            | 831644       |
| Website  | Henry Douglass           | 674763       |
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Ask how to join or help. Perhaps bring new ideas for new activities

You will be welcome. Please let the editor know if any changes are needed.

## From the Rector

Dear Friends,

Now in my second year, I think it might be helpful to say a few words about how we deliver pastoral care. No system in this area is fool proof but I think we have now established a team of people who work hard at looking after members of the congregation and those who may simply be adherents but still receive care from us.

We have a 'Visiting Co-ordinator,' Sheila Baker (phone number in the back of the Magazine) and Sheila does a very competent job visiting, particularly those on the sick list. Sheila gives regular reports to Kevin and myself, keeping us abreast as to how people are.

Kevin and Joy regularly visit members of the congregation as well as keeping in touch with those who attend their Bible study group. They have run the study group for almost a decade and Kevin was the chief pastor during the last interregnum. Both have considerable knowledge of the needs of the congregation and I have often drawn on this over the past year.

As a priest I obviously offer a sacramental ministry and I would usually be called upon for, 'last rites,' when a person is coming to the end of their earthly pilgrimage. Anna and I are still making our way round the congregation with home visits and it will take us at least another year before we have visited all who wish us to do so.

A request from myself – it would be very helpful for me when asked to visit, to have that on an email or phone message. If a request on a Sunday morning is backed up by an email it's much easier to get the

## MESSENGER

September/October 2019

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### Nov/Dec 2019 Edition

Handing in Sunday 13<sup>th</sup> Oct  
Publication Sunday 27<sup>th</sup> Oct

### Jan/Feb 2020 Edition

Handing in Sunday 8<sup>th</sup> Dec  
Publication Sunday 22<sup>nd</sup> Dec

For an email copy please  
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## From the Rector (Continued)

details in the diary.

We now have sixteen Eucharistic Ministers, two of whom regularly take the Reserved Sacrament to the sick. Those licensed to administer Communion are also authorized for official pastoral care, most obviously to the sick and elderly.

Last but by no means least, I want to stress that care for each other is something we can all participate in. This isn't just desirable but part of our response to God's call, which started at our baptism, when we became a member of the Church. It may be as simple as welcoming a visitor into St. Michael's.

We give thanks that our community has a reputation for being a warm, friendly and caring congregation. May we always look out for the other, particularly a stranger in our midst.

Love

*Dom Ind, Rector*

## News

Many thanks to Chris Packard for the excellent photos on the cover and in the 'Images' section of this edition of Dom's first anniversary at St. Michael's. All our readers are asked to consider joining the Choir if you can hold a tune. We still need more volunteers for church cleaning as each volunteer is being put under too much pressure at present. Lots of news this month about pilgrimages and retreats.

*Richard Smith, Editor*

## Notices

**MONTHLY COFFEE MORNING** The September Coffee Morning will be held at Marion and Michael Blakes' house, Dalfruin, 1 West Montrose Street, Helensburgh G84 9NE at 10:30am on Thursday 5<sup>th</sup> September. Tel: 673960.

The October Coffee Morning will be held at Maureen and Henry Douglass' house, Clutharden, 1 Upper Adelaide Street, Helensburgh G84 7HT at 10:30am on Thursday 3<sup>rd</sup> October. Tel: 674763.

*Maureen Kyle*

**ST. MICHAEL'S GOT TALENT!** Saturday 5th October 2019. 1030am to 1630pm.

Harvest Festival weekend. See p. 8.

*Shaun Hoey*

**ST. MICHAEL'S ART GROUP** We will recommence on Thursday 3<sup>rd</sup> October 2:00-4:00pm. We are small in number and would welcome new members to join us.

Contact Margaret Gilbert tel: 675136.

*Margaret Gilbert*

## Vestry Report

The Vestry met on Tuesday 2nd July and began with opening prayers.

**RECTOR'S OPENING REMARKS:** The Rector presented his 'opening remarks' and said that his first 11 months had been a really positive experience. St Michael's is a notably hard-working congregation. People get involved, perhaps the military ethos prevalent in the community has something to do with it.

**DIOCESAN MATTERS:** THE DIOCESE. The Primus, Bishop Mark Strange, retains oversight of the episcopacy and the Synod Clerk is the key point of contact for routine matters.

NEXT BISHOP. The College of Bishops, in consultation with the Electoral Synod will select the next Bishop of Glasgow & Galloway. We should expect a new bishop by Christmas.

INTERIM PRIEST. Dom Ind has been appointed Interim Priest for St Augustine's Dumbarton and St Mungo's Alexandria. The role entails participation in vestry meetings and 'rites of passage' services. St Michael's won't be affected apart from the Rector occasionally being away e.g. officiating at a Sunday morning baptism in the autumn.

**ST MICHAEL'S:** VISITING. We are a large congregation with significant numbers on the periphery. Sheila Baker's contribution to visiting was gratefully acknowledged; the routine, including the team bringing communion, works well. If someone hasn't been attending St Michael's for a while and needs a visit, or communion, the Rector, or Sheila, need to know.

CONGREGATION. There are often new faces evident, which is good. The need for sensitivity in the manner of welcome is recognized. Church coffee after the Sunday morning service is a very effective medium for welcoming new people.

OUTREACH. In addition to our excellent website we are now up on 'Facebook'. There is to be a 'Rector's video'.

**FUTURE EVENTS:** RETREAT. Tentative plans are coming together for a retreat 21-24 September 2020 at St Beuno's (St Asaph in Wales). Probably for around 20 people. Iona was also mentioned as a venue.

PILGRIMAGE. A pilgrimage is envisaged in early August 2021 on St Magnus Way (Orkney).

## Vestry Report (continued)

**FINANCIAL MATTERS.** The Honorary Treasurer reported that our accounts are running smoothly with no unusually large bills since April. Our Premium account contained £40,122 and our Current account contained £21,754. Several donations had been received; one of £120 to help with the costs of our new Liturgy Books and so far £325 to help with the cost of the new boilers.

A number of fundraising activities had taken place and as a result we have given £115 to Glasgow City Mission, £523 to Helensburgh Food Bank and £213 to MU overseas appeal. We also gave £328 to the Bishop's Lent Appeal (Malawi). The Hon Treasurer recommended that the Vestry must remain cautious about taking on too many financial commitments. There were significant bills to pay, notably the bill for the new boilers (£15,423 inc VAT) and the cost of the new rectory garage.

CHARITABLE GIVING. The Vestry reviewed our annual charitable giving to local causes. The Vestry noted that the sums being discussed represented the charitable giving from church funds. The St Michael's congregation also contributes to other charities through specific events. Last year our giving from church funds was £1,000 to the Beacon Trust, £2,000 to Contraflow and £300 to Helensburgh Food Bank. A previous vestry decision had decided to keep charitable giving from church funds to an affordable level, noting that church funds have to meet routine costs such as quota, stipend and building maintenance. The charities selected are all local. Support of Contraflow represents a commitment to do something for younger people in the community. Potential alternative causes were discussed. It was agreed that the status of Contraflow and The Beacon Trust would be checked to confirm their continued suitability for our support before we commit to following the pattern of previous years' giving.

**PROPERTY MATTERS: BOILERS.** The new boilers are in place. They should be more efficient than our old ones and the control system is easy to use.

The flues which run across the creche room ceiling still need to be cladded. The job will be done by a volunteer working party, which will save us money.

CRECHE ROOM. The north wall looks to have a damp problem, although it might just be residual damage to the plaster from flooding some years ago. It will be investigated. The room is rather insalubrious, future use is under consideration.

RECTORY WINDOWS. A contractor is to be engaged to tackle the repainting.

## Vestry Report (continued)

SERVERY ELECTRICAL SAFETY. The servery boiler had been left on recently. It could be dangerous to have electrical equipment left on inside the servery. The Property Manager is investigating a means of isolating electrical supplies or installing a fixed alarm system as possible solutions.

TOILETS. The plumber had had to be engaged to unblock the toilets. A children's toy had been the likely cause of the problem.

RECTORY GARAGE. The job is underway and will hopefully be completed by the end of August.

BELL TOWER. It was reported that the rendering/mortar is crumbling on the inside of the bell tower. The Property Manager investigated the matter and subsequently reported that the structure is sound, it was simply a bit of loose plaster.

RAEBURN MEMORIAL PLAQUE. The Raeburn Memorial Plaque commemorates the carved porch originally situated at the West door. The porch was moved to the North door when a new porch was installed at the West end in 1996, but the commemorative plaque is still on the West wall which is misleading. The Vestry agreed that the plaque should be moved.

CHURCH HEATING. The Vestry discussed the future heating policy for the church.

The Vestry agreed the importance of our open church policy. It is quite surprising how often people visit St Michael's for silent prayer or peaceful contemplation, which is a significant aspect of our ministry. In recognition of this it would be good to offer a warm church all week. This might also help to dry out our porous walls in winter.

There will however be an increased cost if we choose to run our boilers all week. If we are not careful, we might expect a six-fold increase in cost if we run our heating continuously because heat loss in the church is considerable.

The Vestry noted that John Sadden has significant relevant experience in this area and had written a paper reflecting previous experimentation with church heating.

The Vestry agreed that we should experiment with the new boiler, and that we should take advice from John Sadden to find the most cost-effective way to operate our new boilers.

## Vestry Report (continued)

**MISCELLANEOUS ISSUES. SAFEGUARDING.** Joan Thompson had written an excellent 'Safeguarding in 2019' article which had been included as an addendum to the July/August Messenger.

**YOUNG CHURCH.** The Vestry's attention had been drawn to the unacceptable state of the creche room which is no longer fit to be used. It was agreed that the Lower Hall should be used for the creche – when required. An assessment of the stock of children's toys is intended. The Vestry authorised a grant of up to £200 from church funds for replacements.

**HEALTH & SAFETY RISK REGISTER.** The risk register was last updated in July 2017. It is important that we have a Risk Register, if only as a means of demonstrating that we have considered Health & Safety for insurance purposes. Vsec, assisted by the Property Manager, had conducted a review, from which an updated register has been presented.

**TRANSPORT TO CHURCH.** An article had appeared in the July/August Messenger testing whether there is demand for a formal arrangement of lifts to church. There has been no response so far, but it is recognized that many have 'ad hoc' arrangements in place which work well.

The meeting closed with the Grace.

Next Meetings: Tuesday 3rd September, Tuesday 8th October (approve accounts), Tuesday 5th November, Sunday 8th December (AGM)

*Nick Davies, Hon. Secretary*



Check out Plastic Free Helensburgh on Facebook to find out about local events.

Two upcoming events which you may wish to attend are being held at the Renfield St Stephens Centre in Glasgow, 260 Bath St, G2 4JP: On September 7th at 10:00am-4:00pm Clean Air in Glasgow, Safe and Sustainable Travel

On September 18th at 7:00-9:00pm Same venue, a debate about "Where Money and the Environment Collide! Is there a future for Oil and Gas? Should churches be investing in it?"



This year the United Reformed Church decided to sell its shares in oil and gas companies, the Church of Scotland narrowly decided against disinvestment at the General Assembly and the Scottish Episcopal Church also reviewed its investment policy. We know that we have to take oil and gas out of the economy but how do we make a just transition to a low carbon economy and what is the role of finance? Join us to explore these questions. It should be a lively debate.

### THE HEALTH BENEFITS OF ARRESTING CLIMATE CHANGE

One of the aspects of climate change that is least discussed is its effects on human health. There are quite wide-ranging health implications to climate change, increased number of deaths from heatwaves, natural disasters and food insecurity. When we read about climate change and health, those are the sorts of things we're usually presented with. Yes, it has all the dire warnings – the rise in temperature could reverse all the health gains of economic development in poorer countries. But it also makes a point I'd not heard before: "Tackling climate change could be the greatest global health opportunity of the 21st century".

One reason is that climate change is having an impact already, with increased extreme weather and natural disasters. All the recent floods and unseasonal weather should ring alarm bells. That has direct consequences for health and nutrition, and mental health considerations too. Another reason that climate change mitigation presents an opportunity for health is that it will require us to move beyond fossil fuels, and they are a big health risk in themselves. Cutting our coal and oil use would reduce air pollution and incidences of respiratory disease and lung cancer.

Clean cookstoves and fuels will not only protect the climate from carbon emissions, but also cut deaths from household air pollution—a major killer in low income countries. (Improving air quality would have economic benefits too. The OECD estimates that illness and premature death from air pollution costs the global economy £3.5 trillion every year). Changing the way we travel could mean a reduction in road traffic accidents.

Choosing a more active means of transport – walking or cycling – would cut rates of obesity, diabetes and heart disease. Insulating houses properly would reduce our exposure to both heatwaves and cold snaps, preventing many seasonal deaths





among the more vulnerable. With an improved housing stock, we'd have fewer problems from mould and damp, and thus fewer allergies.

The consequence of not dealing with climate change are pretty dire for human health, especially in developing countries. But as it turns out, acting to prevent dangerous climate change wouldn't just fend off that threat. It could have substantial benefits in its own right.

*Margaret Horrell*

## St. Michael's Got Talent!

Saturday 5th October 2019. 1030am to 1630pm. Harvest Festival weekend.

This fund-raising event takes place in the Church and Hall on Saturday 5th October 2019. 1030 to 1630. It is the Saturday before Harvest Festival Sunday. It's all in aid of the Central Heating Fund to help pay for our new boiler...and didn't we need it?

The response to our appeal in July has been magnificent! We have 27 of the congregation displaying their talents, of which 40% are commercial and will be selling their expertise. The 'sellers' will be clearly identified and will display the percentage of their sales that will be given to the Fund. This varies between 10% and 100%.

We want all Exhibitors to have a presence at their stall all day, however we have to be realistic. For example, we all need breaks and food etc. In addition, Exhibitors will want to see the other stalls....and possibly make purchase(s). With that in mind we do need volunteers to help mind stalls. Volunteers do not have to be present all day. In addition, help will be needed by fit males on Friday evening and clearing up on Saturday from 1630. Names to Shaun Hoey at Church or tel: 01436 671718 or [enquiries@homecraftrockinghorses.com](mailto:enquiries@homecraftrockinghorses.com)

The Upper Hall will be allocated to about 6 Exhibitors plus light refreshments. The Church will host the majority of the Exhibitors. Most of these will be displaying their wares on wood boards placed over two or three pews. This is where fit men are needed to help on the Friday after Sue Ashby and her Flower Arranging team have finished decorating the Church.

I think we have the potential for a great social and fund-raising day. The setting could not be bettered in this town. The only Grade 1 listed building, beautifully

## St. Michael's Got Talent! (continued)

decorated by the Flower Arrangers. Professional music on the organ and strings, played softly so we can still communicate! The chance to discover some very unusual and attractive talent by your fellow worshippers.

Please come along on the day. Bring family and friends and broadcast this event. It is only £3 entry fee. Entrances will only be by the Church in William St and West Princes St. There will be Donation Plates as well. *Shaun Hoey (Social Committee)*

## North-West Region Pilgrimage

On Sunday August 11<sup>th</sup> five members of St. Michael's, including Dom and Anna, joined other members of the North-West Region and Dunblane residents in celebrating St. Blane's Day in a Dunblane pilgrimage. After Sunday Eucharist at St. Michael's we drove to St. Mary's Episcopal Church in Dunblane, where we were welcomed by the Rector, Rev. Nerys Brown.

After sandwiches in the Church Hall we all headed off towards St. Nicholas' Russian Orthodox Church. Well, most of us did but a small group took a little longer to leave St. Mary's and ended up following a group who were taking a short cut going directly to the Cathedral! Consultation with a smartphone allowed us to correct our course, walking back past St. Mary's and up the town to the Orthodox Church where we caught up with the rest of the pilgrim group as they left St. Nicholas' Church.

With stops at the Community Centre, Dunblane Cathedral, St. Blane's Church of Scotland, Dunblane Free Church and back to St. Mary's with readings, prayers and hymns at each location, even the endless rain could not dampen our spirits.

Afternoon tea at St. Mary's was much appreciated before our return to Helensburgh. An inspiring day.

*Richard Smith*



As we are still in the process of organising our Autumn programme please note the dates of the Mothers' Union meetings, all at 10.30am: -

Thursday 12th September and Thursday 26th September

Thursday 10th October and Thursday 24th October

*Richard Horrell, Branch Leader*

# CALENDAR FOR SEPTEMBER

## SEPTEMBER

\*Evensong Resumes\*

### Sunday 1<sup>st</sup> September Sea Sunday

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

### Tuesday 3<sup>rd</sup> September – Feast-day of St. Gregory the Great

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)  
6:30pm Vestry Meeting Lower Hall

### Thursday 5<sup>th</sup> September

10:30am Monthly Coffee Morning

### Friday 6<sup>th</sup> September

8:30am Rambling Club – Calder Glen

### Saturday 7<sup>th</sup> September

10:00am-4:00pm Eco-congregation

### Sunday 8<sup>th</sup> September Feast-day of the Birth of the Blessed Virgin Mary

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

### Tuesday 10<sup>th</sup> September - Feria

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)

### Thursday 12<sup>th</sup> September

10:30am Mothers' Union

### Sunday 15<sup>th</sup> September Holy Cross Day

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

### Tuesday 17<sup>th</sup> September – Feast-day of St. Hildegard

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)  
2:30pm Cardross House Communion

### Wednesday 18<sup>th</sup> September

2:30pm Kilcreggan House Communion  
7:00-9:00pm Eco-congregation

### Friday 20<sup>th</sup> September

9:00am Rambling Club

### Sunday 22<sup>nd</sup> September Feast-day of St. Matthew

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

### Tuesday 24<sup>th</sup> September – Feria

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)  
2:30pm Bible Study Group

### Thursday 26<sup>th</sup> September

10:30am Mothers' Union

### Saturday 28<sup>th</sup> September

10:00am-4:30pm Retreat Day at St. Michael's

### Sunday 29<sup>th</sup> September Feast-day of St. Michael and All Angels (Patronal Festival)

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

# /OCTOBER 2019

## OCTOBER

### Tuesday 1<sup>st</sup> October – Feast-day of the Guardian Angels

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)

### Thursday 3<sup>rd</sup> October

10:30am Monthly Coffee Morning  
2:00-4:00pm Art Group recommences

### Saturday 5<sup>th</sup> October

10:30am-4:30pm St. Michael's Got Talent

### Sunday 6<sup>th</sup> October Harvest Festival

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

### Tuesday 8<sup>th</sup> October – Feria

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)  
2:30pm Bible Study Group  
6:30pm Vestry Meeting Lower Hall

### Thursday 10<sup>th</sup> October

10:30am Mothers' Union

### Friday 11<sup>th</sup> October

9:00am Rambling Club

### Saturday 12<sup>th</sup> October – Feast-day of Elizabeth Fry and Edith Cavell

11:00am Animal Service

### Sunday 13<sup>th</sup> October Eighteenth after Pentecost

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

### Tuesday 15<sup>th</sup> October – Feast-day of St. Teresa of Avila

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)  
2:30pm Cardross House Communion

### Wednesday 16<sup>th</sup> October

2:30pm Kilcreggan House Communion

### Friday 18<sup>th</sup> October Feast-day of St. Luke

7:30pm Healing Service

### Sunday 20<sup>th</sup> October Nineteenth after Pentecost

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

### Tuesday 22<sup>nd</sup> October – Feria

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)

### Thursday 24<sup>th</sup> October

10:30am Mothers' Union

### Friday 25<sup>th</sup> October

9:00am Rambling Club

### Sunday 27<sup>th</sup> October Bible Sunday

8:00am Said Eucharist (1970 Rite)  
10:30-11:15am Young Church  
10:30-11:30am Sung Eucharist (1982 Rite)  
6:30pm Prayer Book Choral Evensong

### Tuesday 29<sup>th</sup> October – Feast-day of James Hannington

9:15-9:45am Church Prayer Group  
10:30am Said Eucharist (1982 Rite)  
2:30pm Bible Study Group

### Friday 1<sup>st</sup> November All Souls' Day

7:30pm Sung Eucharist (1982 Rite)

\*Change of Timing\*

## St. Ninian's Arts Festival



*September 14<sup>th</sup> 1:00-5:00pm*

*Flower arranging masterclass*

*Photo exhibition*

*Crafts masterclass*

*Drama Production*

*Music recital*

*and much more!*

£5 including refreshments

St. Ninian's Church, Albert Drive,  
Glasgow G41 2PE

*Christine Hughes, Diocesan Centre*

## St. Michael's Retreat – September 2020

Next year we are planning to go on retreat to the Bield at Blackruthven, Tibbermore, approximately 5 miles from Perth. In 1997 Robin & Marianne Anker-Petersen bought this property and created a centre for Christian Spirituality - it has a charming chapel; beautiful grounds and even a heated indoor swimming pool! This is truly an Episcopalian retreat house .....

Dom will lead the retreat on Benedict Spirituality using the book, Seeking God (The Way of St Benedict) by Esther de Waal. We will be looking at St Benedict's Rule and how it may apply to our everyday lives. You may have been on many retreats or may be this would be your first - whatever your experience this is open to anyone who may wish to go a wee bit deeper in their spiritual journey set in the context of a charming retreat centre.

Places are limited so please book now with Helen Gibson if you wish to attend this retreat Tue 22<sup>nd</sup> to Fri 25<sup>th</sup> September 2020.

Cost : approx £250

Website : [www.bieldatblackruthven.org.uk](http://www.bieldatblackruthven.org.uk)

Dom Ind, Rector

## Church Corner Library

Over past months, you may have noticed that the book stands and notice boards in the entrance corner of church have been given a subtle new look. The library books have been cleaned, sorted and listed, and labels now indicate where books on certain subjects may be found.

We are fortunate to have some excellent books in our library – well worth borrowing and reading – so I would encourage you to at least take a look, in the hope that a title or two may catch your interest.

I realise that, for many of us, books on the low-level shelves are difficult to reach and examine. Most weeks, I am hoping to place a section or two of our library books at a more accessible level on a table at the back of church, so that you can look through them. Should you wish to borrow a book, please simply sign your name and the date next to the title on the list nearby.

Please do consider borrowing a library book. They are there to be read and used, and Christian books can often guide, challenge and reassure us, and help us to grow in our Christian lives.

*Joy Boak*



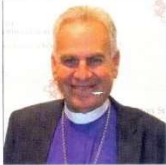


**FRIENDS OF THE HOLY LAND**  
GIVING HOPE TO VULNERABLE CHRISTIANS



## Join us on 15<sup>th</sup> November in Glasgow

Friends of the Holy Land will be marking our 10th Anniversary with an ecumenical service at The Metropolitan Cathedral Church of Saint Andrew, 96 Clyde St, Glasgow G1 4JY followed by a reception at Eyre Hall next door on the 15th November. The service starts at 2.30 pm.



Archbishop Pierbattista Pizzaballa, Apostolic Administrator of the Latin Patriarchate of Jerusalem, and The Most Reverend Suheil Dawani, Anglican Archbishop in Jerusalem, will be supported by The Most Reverend Philip Tartaglia the Metropolitan Archbishop of Glasgow at this event.



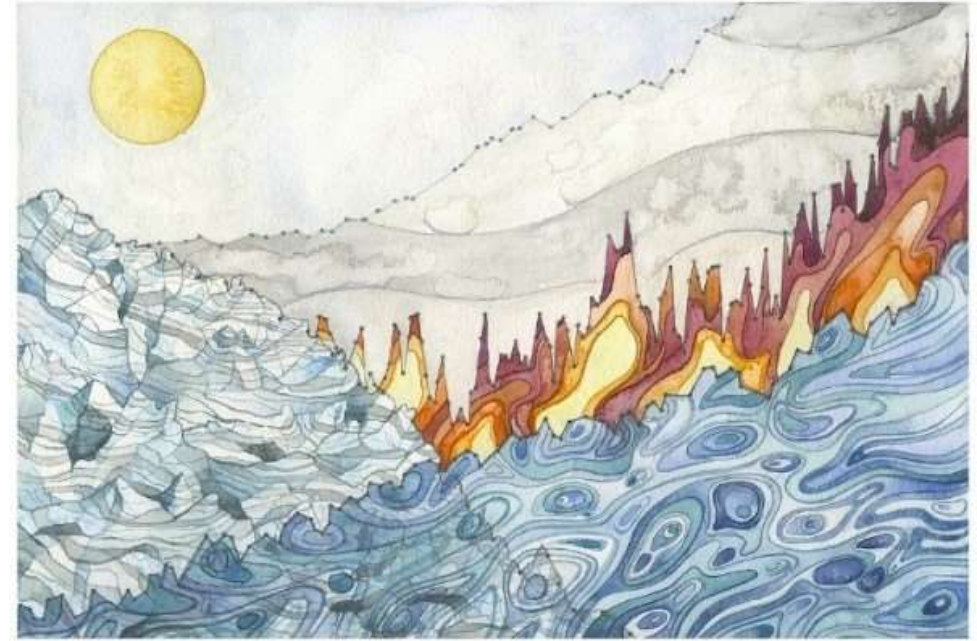
**Join us** to pray together for our mission and understand how the daily conditions of life in the Holy Land have in fact deteriorated over the past 10 years. Despite this, UK Christians can take together small, simple steps to continue to make a difference, sharing actions, words and donations.

### Reserve your place now RSVP:

- Visit our website and complete the registration form [www.friendsoftheholylan.org.uk/10th-anniversary](http://www.friendsoftheholylan.org.uk/10th-anniversary)
- Email the office with your name and address [office@friendsoftheholylan.org.uk](mailto:office@friendsoftheholylan.org.uk)
- Telephone the office during office hours 9am – 1pm Mon – Fri. tel: 01926 512980



## St. Michael's Retreat Day



1 Jill Pelto - Landscape of Change

### Whole Day Retreat

#### Walking Gently On The Earth

#### Exploring Stories of Faith and the Environment

The retreat day will focus on environmental concerns in relation to our faith and reflecting on whether we are in 'right relationship' with God and Creation.

Saturday 28th September

10:00am-4.30pm

St Michaels and All Angels

Suggested donation £10

Lunch - Soup provided just bring a sandwich etc.

Tea and coffee available all day

Booking is essential as spaces limited.

Please contact Monica to pre- book on 07982 910507



## Anniversary Images



2 Dom, Anna and Daughters

## Anniversary Images (continued)



4 Dom and Kevin



3 After the Eucharist

## ST MICHAEL'S RAMBLING CLUB

### WALKS SEPTEMBER TO OCTOBER 2019

Walks will start outside St Michael's Church.

The leaders will give more details following a recce nearer the time and we'll do our best to offer more than one level of walk wherever possible.

The date and day of the walks are given below, although you will find that most of the summer walks will be held on Fridays to try and avoid Saturday traffic.

**But please check the leader's email for the time of an individual walk** as this may vary depending on the location and duration of the walk. Some of these walks start as early as 8am.

The details will also be displayed on the notice board in the church one week before the walk is scheduled to take place.

| DATE  | WALK        | LEADER      |
|---|-------------|-------------|
| Friday 6 <sup>th</sup> September<br><b>8.30am</b> | Calder Glen | Pete 676959 |
| Friday 20 <sup>th</sup> September                 | tba         |             |
| Friday 11 <sup>th</sup> October                   | tba         |             |
| Friday 25 <sup>th</sup> October                   | tba         |             |

Please direct queries about individual walks to the Leader.

Committee team is John Hanks, Maureen Douglass, Sue Ashby and Pete Ashton.

The new programme will be available on the website and on the notice boards in the church and hall. Meanwhile for more details please contact Sue Ashby 01436 675541.

## LECTIONARY – SEPTEMBER/OCTOBER 2019

| Sunday   | Eucharist (NRSV)   | Evensong (KJV)   |
|--|--|--|
| 1 <sup>st</sup> September<br>Sea Sunday  | Jonah 1<br>Psalm 107.23-32<br>Acts 27.23-32<br>Mark 4.35-41                  | <i>Trinity 11</i><br>Psalm 71<br>Chronicles 24.1-14<br>John 8.12-30                    |
| 8 <sup>th</sup> September<br>Birth of the<br>Blessed Virgin<br>Mary            | Micah 5.2-4<br>Psalm 45.10-17<br>Romans 8.28-30<br>Matthew 1.18-23           | <i>Trinity 12</i><br>Psalm 73.1-20<br>2 Kings 18.13-36<br>John 8.31-45                 |
| 15 <sup>th</sup> September<br>Holy Cross Day                                   | Numbers 21.4b-9<br>Psalm 22.22-28<br>Philippians 2.6-11<br>John 3.13-17      | <i>Trinity 13</i><br>Psalm 74.1-17<br>2 Kings 22<br>John 8.46-59                       |
| 22 <sup>nd</sup> September<br>Matthew,<br>Apostle and<br>Evangelist            | Proverbs 3.13-18<br>Psalm 119.65-72<br>2 Corinthians 4.1-6<br>Matthew 9.9-13 | <i>St. Matthew</i><br>Psalm 19<br>Ecclesiasticus 31.8-11<br>Revelations 21.9-26        |
| 29 <sup>th</sup> September<br>Michael and All<br>Angels (Patronal<br>Festival) | Genesis 28.10-17<br>Psalm 103.1-9<br>Revelation 12.7-12<br>John 1.47-51      | <i>St. Michael and All Angels</i><br>Psalm 138<br>Daniel 10.4-21<br>Revelations 8.2-13 |
| 6 <sup>th</sup> October<br>Harvest Festival                                    | Deuteronomy 26.1-11<br>Psalm 100<br>Revelations 14.14-18<br>John 6.25-35     | <i>Harvest Thanksgiving</i><br>Psalm 65<br>Ruth 2.14-23<br>Matthew 13.24-30            |
| 13 <sup>th</sup> October<br>Pentecost 18                                       | 2 Kings 5.1-3,7-15c<br>Psalm 111<br>2 Timothy 2.8-15<br>Luke 17.11-19        | <i>Trinity 17</i><br>Psalm 81<br>Jeremiah 23.1-8<br>2 Corinthians 5.11-21              |
| 20 <sup>th</sup> October<br>Pentecost 19                                       | Genesis 32.22-31<br>Psalm 121<br>2 Timothy 3.14 – 4.5<br>Luke 18.1-8         | <i>Trinity 18</i><br>Psalm 89.1-21<br>Ezekiel 14.1-11<br>2 Corinthians 9               |
| 27 <sup>th</sup> October<br>Bible Sunday                                       | Isaiah 45.22-25<br>Psalm 119.129-136<br>Romans 15.1-6<br>Luke 4.16-24        | <i>Trinity 19</i><br>Psalm 91<br>Ezekiel 37.1-14<br>2 Corinthians 12.1-13              |

## READERS' LIST – SEPTEMBER/OCTOBER 2019

| DATE                  | 8:00am         | 10:30am          | 6:30pm                |
|-----------------------|----------------|------------------|-----------------------|
| 1 <sup>st</sup> Sept  | Sam Harris     | Jo Frain-Bell    | Jill Braid            |
| 8 <sup>th</sup> Sept  | Penny Johnston | Michael Blake    | John Sadden           |
| 15 <sup>th</sup> Sept | Nigel Allan    | John Hanks       | David Ronald          |
| 22 <sup>nd</sup> Sept | Chris Sanders  | Alex Laing       | Csaba Barthos         |
| 29 <sup>th</sup> Sept | Moira Miller   | Chris Packard    | Aileen Cameron        |
| 6 <sup>th</sup> Oct   | Hilary Menzies | Julie Semens     | Margaret Gilbert      |
| 13 <sup>th</sup> Oct  | Sam Harris     | Helen Gibson     | Maurice Steuart-Corry |
| 20 <sup>th</sup> Oct  | Chris Sanders  | Henry Douglass   | Maureen McCormack     |
| 27 <sup>th</sup> Oct  | Moira Miller   | Jeannette Scobie | Janet Hardy           |

## Social Programme 2019

| Date      | Event                               | Timing | Location    |
|-----------|-------------------------------------|--------|-------------|
| Sat 5 Oct | St. Michael's Exhibition of Talents | am–pm  | Church Hall |

## House Communion

Peninsula House Communion will be on Wednesday 18<sup>th</sup> September and on Wednesday 16<sup>th</sup> October at 2:30pm. Location to be advised. Everyone is welcome.

Cardross House Communion will be on Tuesday 17<sup>th</sup> September and on Tuesday 15<sup>th</sup> October at 2:30pm. Locations to be advised. Everyone is welcome.

*Richard Smith*



### Service Details

#### Sunday

8:00am Said Eucharist (1970 Rite)

10:30am Sung Eucharist (1982 Rite) followed by refreshments  
*Crèche and Young Church*

6:30pm Prayer Book Choral Evensong

#### Tuesdays

10:30am Said Eucharist (1982 Rite) followed by refreshments

For dates of services please see Diary (Page 10) inside

