

May and June 2021

THE MESSENGER

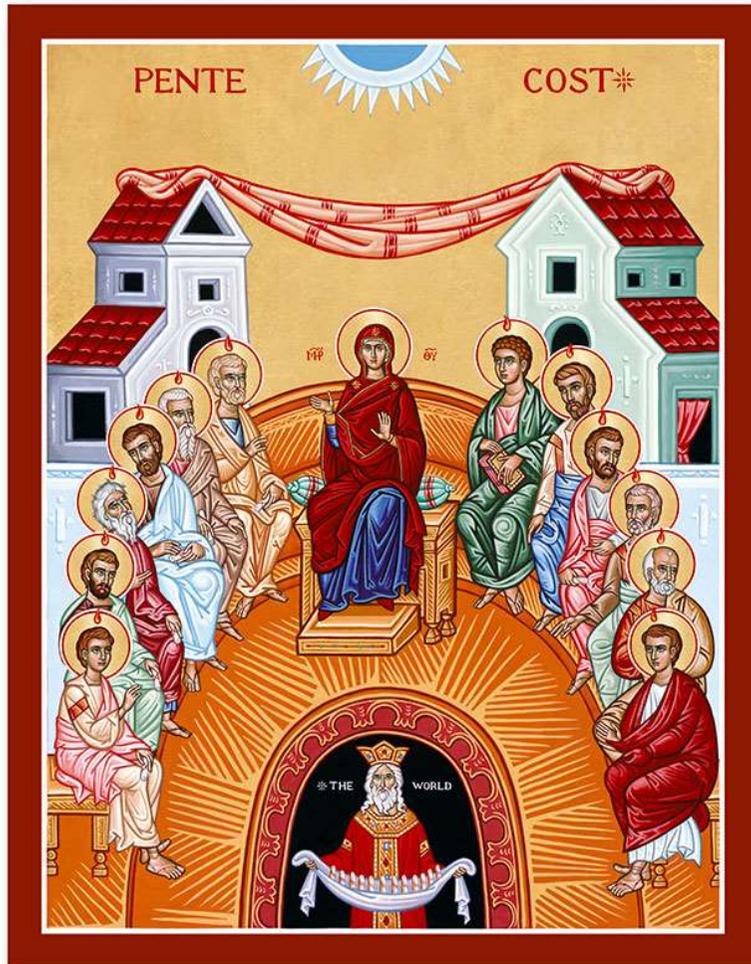
ST MICHAEL AND ALL ANGELS, WILLIAM STREET, HELENSBURGH

Charity Registered in Scotland SC006468

The United Diocese of Glasgow & Galloway

Bishop: The Rt. Revd Kevin Pearson

Diocesan Website: www.scotland.anglican.org/diocese/glasgow



**The Magazine of
St Michael And All Angels
Episcopal Church, Helensburgh
www.stmichaelhelensburgh.org.uk**

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Ask how to join or help. Perhaps bring new ideas for new activities You will be welcome. Please let the editor know if any changes are needed.

From the Rector

Eastertide joy this year appears to be a tangible feature as we move out of lockdown & see an easing of restrictions. When I announced on Easter Day at the end of the liturgy, that Easter Week is all about getting to the hairdresser, this was greeted with hilarity & more than a little sense of relief!

By the time the May and June edition of the Messenger is published, we'll be comfortably back into the swing of our two weekly Eucharists on a Sunday and Wednesday morning. We intentionally spread these services out in the week, and both are in the nave, giving us maximum social distancing. From 17 May, if Covid transmissions and hospitalisations remain low, further restrictions will be lifted, and we'll be allowed to do some in-home socialising. This should permit me to visit people at home and we'll revert to our midweek Eucharist being on a Tuesday rather than a Wednesday.

A word about Choral Evensong, a service we do well at St Michael's and I'm keen to resume at some point. We're anticipating that all restrictions will be lifted by the end of June and so come the summer, congregational singing should once again be permitted. This would open the doors for Choral Evensong, and we would then be about the business of rebuilding our choir and discerning what would be appropriate for them with a new cohort of singers. Realistically I don't foresee two choral services every Sunday as the makeup of the choir will be different, but I very much hope we'll have a pattern of at least one Choral Evensong every month. We may be drawing on singers outwith St Michael's and attempting to make this a particularly high-quality choral service. These ideas are formulating and are by no means conclusive - it

MESSENGER

May/June 2021

Contents

From the Rector	1
Notices/News	2
Vestry Report.....	4
Mothers' Union.....	6
Eco-congregation.....	7
Faith in Older People.....	8
Bishop's Lent Appeal.....	9
Calendar.....	10
Social Programme.....	11
World Day of Prayer.....	11
Helping Hand	12
From the Diocese.....	14
Eco-congregation.....	16
House Communion.....	17
Rambling Club.....	18
Readers List.....	18
Sidespersons' Rota.....	19
Beacon Trust.....	19
Lectionary.....	20

Jul/Aug 2021 Edition

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For an email copy please contact the Editor.

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From the Rector (continued)

largely depends on personnel.

We've much to look forward to this summer, hopefully some good weather and a little less turbulence in our lives!

Love,

Dom Ind, Rector

Notices

MONTHLY COFFEE MORNING There is nothing arranged as yet. It still seems too soon. Hopefully, we will be able to resume in the Summer. Watch the notice boards for further information.

Maureen Kyle

BELLRINGERS WANTED!

We are looking for people interested in joining the bell ringing rota when the church reopens for worship. St Michael's has a peal of 8 bells played carillon style (one person using levers to play the bells). An ability to read music would be helpful but is not essential and training will be given. The commitment is not onerous: approximately every 5 or 6 weeks depending on the number of people on the rota. You will need to be able to physically access the bell tower using a narrow staircase. If you are interested or want more information please contact Kitty Fleming on 676963 or kittymfleming@gmail.com

Kitty Fleming

I would go so far to say that it is a privilege to have bells at St Michael's and as I said on Low Sunday, it is part of our ministry to the wider community to ring them. During lockdown I rang the bells every week and when we were clapping outside for the NHS on a Thursday evening, I would also ring the bells then. Some commented on how much comfort it gave them to hear the bells of St Michael's and that the church was still active even though the doors were closed. These were extreme conditions but generally I think people like hearing the bells in this part of Helensburgh, whether they ever go inside the church or not. If you feel this is a ministry you would like to exercise, do have a word with Kitty. It is not particularly difficult or onerous and those who ring find it a pleasant activity to offer on behalf of St Michael's.

Dom Ind

FLOWER CONVENER

Please note that Andrea Gibson's email for flower arranging has now been changed to flowers@stmichaelhelensburgh.org.uk Many thanks to Aliet for arranging this.

Andrea Gibson

Notices (continued)

INTERCESSIONS

The intercessions made in Church each week are now put on the Church's website and Facebook page. If you find this helpful, we would like to know. Names of the sick are not included for privacy reasons.

Joan Sadden

RECTORY GARDEN

Anna would like to add a rockery in the Rectory garden - if you have any spare stones lying around, they would be much appreciated! Many thanks

Anna Ind

SCOTTISH GARDENS SCHEME

We are opening our garden at Westburn Garden, 50 Campbell Street, Helensburgh on Sunday 16th May - 1pm to 5pm, when we will also be having a plant sale.

Admission is £5 and this also covers the 2 other gardens open on the same day (18 Duchess Park and High Glennan on Queen Street where teas will be served). One third of the income will go to St Michael's.

Sheila Baker

COUNTRY FAYRE

Rosemary Wilson is planning a 'Country Fayre' at High Auchensail. Details to be confirmed.

Rosemary Wilson

DATES FOR YOUR DIARIES:

Sunday 16th May - 1pm to 5pm Open Garden at Sheila Baker's House

Sunday 23rd May – Pentecost. Return to services on Sundays and Tuesdays at 10:30am.

Saturday 24th July Country Fayre at High Auchensail Farm.

Editor

News

At long last we have positive news for our church and congregation. As we proceed through the vaccination programme and the spread of the Coronavirus eases, we start to see the Churches opening and a partial return to normal life.

New activities are reported in this edition and we look forward to celebrating the festivals of our church year, the opening of gardens and the arrival of Spring and Summer, once the freezing nights end. Easter in church was a joyous festival this year, after a very long winter.

Richard Smith, Editor

Vestry Report

The Vestry met via zoom on 2nd March.

RECTOR'S REMARKS: PROVINCIAL MATTERS. The Rev Canon Dr. Keith Riglin, currently Vice Dean and chaplain of Kings College London, has been elected Bishop of Argyll & the Isles. The election process ran very smoothly which is positive news, the process having been run entirely 'virtually'. Things are going less smoothly in the diocese of Aberdeen & Orkney where the bishop is having a difficult time. Matters are subject to an independent review which will report to the College of Bishops.

DIOCESAN MATTERS. The diocesan synod has been postponed to a new date in July. Building works at the new diocesan office 49 Cochrane St Glasgow are under-way and could be completed in the middle of the year. Local matters. Sadly, we have lost 3 members of the congregation in recent months. RIP Alastair Russell, Callon Smith & Harry Yeomans.

LOCKDOWN. Since the March meeting Churches were permitted to re-open from 26th March for up to 50 people. Social distancing, mask wearing, no congregational singing and sanitization procedures still apply. For those unable to attend the weekly service sheet, intercessions and reflections for Evensong are still available on-line. The vestry again discussed the impact of lockdown on mental health, specifically the loss of physical contact which continues to have a devastating effect. This is likely to remain an issue for some time to come.

FINANCIAL: Bank balances on 2nd March were: Premium a/c: £48,015 - Current a/c: £15,504. Our larger outgoings this period were: Organ repair £3,088 - Quinquennial Report £1,116 (offset by £500 grant from the diocese). Income: Miss Bell Trust has awarded us a grant of £2,000. Our Unit Trust distribution is £2,710 (up by £210 from this time last year). The accounts for the church are ticking over with not too many outgoings and a regular income from our congregation; however, we are about to get some invoices for woodworm treatment in the organ and various maintenance bills. Also, the huge church insurance bill is due in March (£10,162.89 now paid!)

PROPERTY MATTERS: CHURCH HEATING. At the last vestry meeting it was agreed that the heating should be run continuously as a trial and the thermostat was set at 12 degrees (as recommended by the diocesan architect). The weather in January was very cold. The January gas bill was just over £1000 which is of concern. The thermostat was therefore re-set to 10 degrees which is the

Vestry Report (continued)

minimum. The church has now been described as 'being cold enough to have to wear a coat but not so cold that you could see your breath'. The gas bill for February is estimated as £557 and the consumption will go down as the weather gets warmer. The boilers are working well, and the church seems to have remained dry, particularly in the area of the South West Corner. There seems to be less debris around the Lectern, so hopefully, the 10-degree setting may be the 'sweet spot' achieving a balance between preserving the fabric of the church and cost.

QUINQUENNIAL REPORT. The tasks listed by John Sanders in his Quinquennial Report are being done. The main items concern roof slates, which will be done as the weather gets warmer. There is still a blocked rainwater pipe on the north side of the Belfry which has only partially been cleared and awaits the attention of our plumber.

ORGAN. As a result of the annual Harrison & Harrison visit, organ repairs had been recommended costing £2,200 +VAT. The vestry approved the work which has been completed at a final cost of £3,088 inc VAT. The cost has been offset by 2 generous bequests. The vestry discussed whether an organ fund will be required to cover future expenditure. Following the advice of David Menzies and our organists, Harrison & Harrison have been asked to present a forecast, as far as they are able, of future likely costs. Hopefully, annual visits by the Harrison & Harrison team should allow us to keep expenditure to a manageable level without recourse to a dedicated organ fund.

SAFEGUARDING: There were no specific safeguarding issues to report. However, the vestry remain aware of the very significant concern regarding people living on their own and isolated during 'lockdown' and the value of any form of contact. Sheila Baker's phone calls are very welcome, and we are all encouraged to 'stay in touch' with those isolated, lonely or in need of support. The vestry were reminded that the diocese has specified 'safeguarding' as a mandatory agenda item notwithstanding whether there is anything to report.

DATE OF NEXT MEETING: Tuesday 11th May

The meeting closed with the Grace.

As this issue of the Messenger goes to press 2021 remains uncertain as to how free we will be through the year to gather together in person. However, the events of 2020 have shown us what can be achieved virtually, and so the opportunity for celebration and thanksgiving is still open to us, albeit in a different way.

There are plenty of home exercise videos and ideas to choose from on the internet to suit everyone. Why not try out:

10 morning stretches to help kick-start your day:

<https://www.bupa.co.uk/newsroom/ourviews/waking-up-stretching>

You don't even have to get out of bed for the first three!

Chair Based Pilates:

<https://www.nhs.uk/conditions/nhs-fitness-studio/chair-based-pilates-exercise-video/>

Pilates is a great form of exercise, but if you don't like getting down onto the floor (or up again), why not try this chair-based session? You really can exercise while sitting down.

A prayer for rebuilding hope and confidence By Sheran Harper, MU Worldwide President

We will walk in hope and confidence, trusting each other, loving each other - and together we will rebuild the hope and confidence of families and communities everywhere - always reaching forward as God's hands and feet and reflecting a life filled with purpose and meaning, grace and love, peace and joy.

If anyone would like to enter the MU Christmas Card Competition by submitting an artwork design, you have until 1 June. Please contact me for full details.

Richard Horrell, Branch Leader
MU@stmichaelhelensburgh.org.uk



At the time of writing the country is in mourning for HRH The Prince Philip, Duke of Edinburgh. It is worth remembering his immense contribution to Conservation and Wildlife. He was one of the first people to observe the degradation of our planet and to apply himself to its preservation.

In the first instance he saw what was happening locally in the royal estates and the need to preserve and improve the habitat of native animals and the soil for growing crops.

Then he perceived that the growing population of the world would require the improvement of production of foodstuffs and whilst avoiding the decimation of natural habitats around the world. Unlike many others he saw a need and proceeded to tackle it, not wringing his hands and denying there was anything he could do.

He gathered around him a group of like-minded people and set to determining what they could actively do to avoid the desecration of forests, animals and habitats. He amazingly realised that the entire world needed to be involved and determined to speak to those in power throughout the world. He first spoke to the faith leaders to get them onboard as they had the power to influence their followers, He even spoke to the Chinese politicians and encouraged them to appreciate the Daoist faith which reveres nature, this in an era when the Chinese were actively persecuting religions, much as they are treating the Uighurs now. He was a profoundly religious man who acted out his beliefs for the good of the world and mankind.

This was the beginning of the World Wildlife Fund and the arousing of concerns about preserving our ecosystems. He inspired so many to care for the countryside and love of the outdoors. He used his position to push for positive awareness and we are fortunate to be able to follow in his footsteps and carry on the work caring for our planet.

Margaret Horrell



MENTAL HEALTH, OLDER PEOPLE AND FAITH COMMUNITIES, A SERIES OF FREE ONLINE ZOOM SEMINARS

Many thanks to those who have booked places on our undernoted online seminars; there are still some places available and links to each event are given below. We hope you will be able to join us.

Faith in Older People (FiOP) has agreed that a key theme of its work over the next 1-2 years should be around mental health and older people and the understanding and support provided by congregations to individuals experiencing mental health problems. The issue has become more acute because of the pandemic and the importance of sustaining mental wellbeing in the face of increased isolation, fear of Covid and managing existing mental health challenges.

FiOP was one of the organisations which Voluntary Health Scotland (VHS) brought together to discuss the issue of mental health and older people before the pandemic struck as we were aware that older people often 'fall off a cliff' in relation to the services that they had received or should be able to access. The group included representatives from the voluntary and public sectors as well as psychiatrists. The report of our discussions together with research provided through old age psychiatrists and Knowledge Scotland highlight the deficit in mental health care for older people. The link to the report is *Falling Off a Cliff at 65: Discussion Paper and Evidence* (vhscotland.org.uk)

We were also aware of the work undertaken by Inclusive Church and its publication *Mental Health: The Inclusive Church Resource* which considers the practical impact of mental health problems and the theology of being alongside those experiencing problems.

FiOP has worked for the past few years in drawing together a resource to support congregations in developing the inclusion of people living with dementia and we will continue to develop and promote this resource. To download a free copy from our website of our resource entitled "One Step at a Time" please click [HERE](#) But mental ill health affects a significant proportion of older people; in a 2010–11 UK survey measuring national wellbeing across people aged 16 and older, depression or anxiety was noted to be highest among those aged 50–59 and those of 80 years and older. The Royal College of General Practitioners reports that fewer than one in six older people with depression discuss their symptoms with their GP; furthermore, only half receive suitable treatment across the UK.



We are aware that many churches do consider mental health issues and it is important to bring this experience together to share knowledge and practical action. To begin to bring together this experience and to consider the way forward, FiOP will be holding a series of free zoom-based talks to highlight different perspectives.

3rd seminar – Thursday 6th May 2021 at 4.30pm – The Rev Canon Dr Marion Chatterley will address 'Whole person care in the final chapters of life: exploring the impact on mental health of facing one's mortality'.

4th seminar on Tuesday 18th May at 4.30pm - Dr Gill Yellowlees will consider mental health issues as they affect us as individuals who experience mental health challenges or care for someone who does. This will be a reflective session.

5th seminar June (date tbc) in partnership with Interfaith Scotland will look at the perspectives on Mental Health from different faiths.

Book suggestion: *Mental Health: The Inclusive Church* (Darton, Longman and Todd 2018) - Personal experiences, theological and practical resources with a chapter on the theology of mental health by Jean Vanier and John Swinton.

Bishop's Lent Appeal

Individuals might still be planning to donate directly through our JustGiving page.

Whichever category applies, I hope that all will be pleased to view a 5-minute video specially prepared for us by Nadia Whitmore, Regional Fundraiser West, which gives some more background to Aberlour, including their recent challenges throughout the pandemic with many families, and features an example of one small strand of this expansive and overarching work. Many thanks to Nadia for preparing this video, and for the thanks she offers to the SEC for its long-standing association with the Charity.

To view it, please use this link: <https://youtu.be/IeAFDW0KcE4>

As Nadia says in the video, she would be happy to come and speak directly with any church, or group, about Aberlour, whether that be through a virtual meeting, or in person when lockdown restrictions are eased enough to let this happen. Nadia can be contacted at nadia.whitmore@aberlour.org.uk.

John Mitchell, Diocesan Secretary

CALENDAR FOR MAY

MAY

Sunday 2nd May – Fifth Sunday of Easter

No Morning Eucharist

10:30-11:30am Said Communion from the Reserved Sacrament (1982 rite) no refreshments

No Evensong

Wednesday 5th May – Feria

10:30-11:30am Said Communion from the Reserved Sacrament (1982 rite) no refreshments

Thursday 6th May

No Monthly Coffee Morning

Sunday 9th May – Sixth Sunday of Easter

No Morning Eucharist

10:30-11:30am Said Eucharist (1982 rite) no refreshments

No Evensong

Tuesday 11th May

6:30pm Vestry Meeting by Zoom

Wednesday 12th May – Ascension Day

10:30-11:30am Said Eucharist (1982 rite) no refreshments

Sunday 16th May – Seventh Sunday of Easter

No Morning Eucharist

10:30-11:30am Said Eucharist (1982 rite) no refreshments

1:00-5:00pm Garden opening at Westburn Garden, 50 Campbell Street

No Evensong

Wednesday 19th May – Feria

10:30-11:30am Said Eucharist (1982 rite) no refreshments

Sunday 23rd May – Pentecost

No Morning Eucharist

10:30-11:30am Said Eucharist (1982 rite) no refreshments

No Evensong

*Tuesday 25th May – Feast-day of Bede the Venerable, of Jarrow, Teacher of the Faith, 735

10:30-11:30am Said Eucharist (1982 rite) no refreshments*

Saturday 29th May

Diocesan Council

Sunday 30th May – Trinity Sunday

No Morning Eucharist

10:30-11:30am Said Eucharist (1982 rite) no refreshments

No Evensong

JUNE

Tuesday 1st June – Feast-day of Justin of Rome, Martyr, c165

10:30-11:30am Said Eucharist (1982 rite) no refreshments

Sunday 6th June – Second Sunday after Pentecost

No Morning Eucharist

10:30-11:30am Said Eucharist (1982 rite) no refreshments

No Evensong

Tuesday 8th June – Feast-day of Columba of Iona, Abbot, 597

10:30-11:30am Said Eucharist (1982 rite) no refreshments

Change of Timing

/JUNE 2021

Sunday 13th June – Third Sunday after Pentecost

No Morning Eucharist

10:30-11:30am Said Eucharist (1982 rite) no refreshments

No Evensong

Tuesday 15th June – Feria

10:30-11:30am Said Eucharist (1982 rite) no refreshments

Sunday 20th June – Fourth Sunday after Pentecost

No Morning Eucharist

10:30-11:30am Said Eucharist (1982 rite) no refreshments

No Evensong

Tuesday 22nd June – Feast-day of Alban, Martyr, c303

10:30-11:30am Said Eucharist (1982 rite) no refreshments

Sunday 27th June – Fifth Sunday after Pentecost

No Morning Eucharist

10:30-11:30am Said Eucharist (1982 rite) no refreshments

No Evensong

Tuesday 29th June – Feast-day of Peter and Paul, Apostles

10:30-11:30am Said Eucharist (1982 rite) no refreshments

Change of Timing

SPECIAL NOTICE: As at date of production of this edition, the Scottish Government and the College of Bishops have instructed that SEC churches may open in accordance with the Phase 3 Emergence from Lockdown Instructions. Please check the notice boards and website for any changes.

This calendar

Sunday services are available online from the Bishops at 11am on Sundays and from St. Michael's website on Sunday Evenings. Weekly service sheets are available online on St. Michael's website.

Social Programme 2021

At Present the social programme of St. Michael's Church is suspended due to the restrictions caused by coronavirus. As soon as these measures are lifted a new social programme will be promulgated.

John Hanks

World Day of Prayer 2021

When I got a phone call last Autumn asking me to collect the information about 2021 World Day of Prayer, I little thought that when the time came for organising it, we would be in full lockdown. It looked as though the service would have to be cancelled.

But then St Michael's Mothers' Union came up with the idea of using Zoom. I contacted the link people of all the local churches and (I must admit to my surprise!) they were all willing to give it a try. We had a rehearsal a fortnight before with all the active participants and ironed out any kinks in the system.

On Friday 5 March at 10.30 am over 30 people appeared by Zoom and the service went very well and was recorded for our website. There were no unwelcome interruptions – dogs barking or phones ringing – and Richard Horrell provided us with a beautiful beach backdrop.

The material this year was written by the women of Vanuatu who told us of their paradise islands and about the terrible events of earthquakes, tsunamis and hurricanes that can overtake them. They stressed the need for better education as this is not mandatory in their country.

The sermon was given by the new Diocesan MU Chaplain – our very own Dom – who told us that while education is very important, our true rock is God.

My thanks are due to everyone who 'tuned in' and to Richard Horrell and Nick Davies for all the technical stuff.

Next year Rhu and Shandon are in the hot seat and hopefully we will be able to be physically back in church by then.

Joan Thompson



Helping Hand

These are difficult times for most of us and we encourage you to reach out to members of the church at this time. Contact with friends is so important just now. If you feel you need help to get to the following resources I am willing to be a listening ear. My phone number is 01436423451 and I will try to point you in the direction that suits you.

For anyone who needs more help with their mental health here are some resources that might help:

In the first instance your GP is still working as normal and if you are struggling with your mental health please contact them. If it is out of hours phone NHS 24 on 111 and if you are experiencing an emergency dial 999.

The NHS Inform website (www.nhsinform.scot) also has lots of information on Coronavirus. When there if you search for Coronavirus Your Mental Wellbeing there is information on keeping well and who to contact if you are struggling.

The Scottish Association for Mental Health (SAMH) (www.samh.org.uk) has a Coronavirus Mental Health Information Hub which includes contact numbers of helplines.

Argyll and Bute Caring for People Helpline offers emotional support for isolated and vulnerable people on 01546 605524

If you want to speak to someone these numbers are useful (and you do not have to wait until you are in crisis):

The Samaritans (www.samaritans.org) 116 123 (24 hours 7 days a week)

Breathing Space (www.Breathingspace.scot) 0800 83 85 87 (Evenings 6pm to 2am and Friday 6pm to Monday 6am).

Age Scotland (www.ageuk.org.uk) 0800 12 44 222 has a friendship line for older people open Mondays to Friday 9am to 5pm. You can call about anything at all.

For those with relationship difficulties Relate (www.relate.org.uk) offers a range of free counselling services. The number for enquiries is 0300 0030396

For those who find speaking on the telephone difficult Shout (www.giveusashout.org) is a 24/7 crisis text line on text 85258

My thanks to Helen Gibson for compiling the above list.

Joan Thompson, Safeguarding Officer

From the Diocese

AN EASTER MESSAGE FROM BISHOP KEVIN

‘He calls me by my name’.

‘Mary’ – It was to Mary Magdalene that Jesus first proclaimed that he had risen from the dead and he did that simply, quietly, gently but confidently by calling her ‘Mary.’



How do we know the power of the resurrection in our own lives? Simply remember – ‘He calls me by my name.’

According to John’s Gospel, Mary ‘turned.’ Jesus literally turned her life around, by using her name, ‘Mary.’ She recognised his voice, the call was simple, gentle, quiet but confident. Just as many of us experience the Holy Spirit in our prayers, our lives, we hear the call of God, of Jesus, because ‘He calls me by my name.’

Mary Magdalene, obviously, had spent a lot of time with Jesus and recognised his voice. The equally obvious parallel is that when we spend time with Jesus in prayer, and with help, we learn to discern the voice of Jesus and what God is genuinely saying to us, calling us to do and to be. We also learn to discern what are our own longings, our own fantasies of making the world as we want it to be. The first steps towards true discernment, of Jesus’ voice in prayer, through our experience, we are taught by Mary’s experience of Jesus.

By tradition, Mary was a notorious sinner, but she washed Jesus’ feet with her tears, in the Pharisee’s house. Jesus accepted her as she was, He understood who and what she was, but he recognised in her, who and what she might become, through the Holy Spirit. Lazarus, her brother died; again, her tears moved Jesus with compassion and Lazarus was raised from the dead. Acceptance, understanding that brings peace and hope.

Mary sat at Jesus’ feet while her sister, Martha, was busy, she chose to be with Him rather than doing things for Him. Mary recognised that in simply being with Jesus, she experienced that God was with her as He is with us. In the garden when she heard ‘Mary,’ she could say: ‘he calls me by my name’.

From the Diocese (continued)

What in fact happened was Jesus called Mary to a new reality, based upon God’s acceptance, and understanding. That is the Hope of the resurrection in our own lives. Jesus lived, died, and rose again to prove that each one of us is made in God’s image and God is with us. The story of Jesus’ trial, crucifixion and death is the story of how all that is worst in human nature – jealousy, anger, religious certainty – combined to kill all that is best in the human potential to love, where we can be with Jesus. As Jesus is with us in guilt, regret, anger, the tombs of our own experience, remember ‘He calls me by my name’ to a new reality.

There is much speculation as to when and how we can go back to normal. We can never go back; normal will never return and we will enter a new reality. That is the hope, promise, power of resurrection in our own lives. That is the real Hope of Easter, that human love in which we know, feel, experience that God is with us. That love is stronger than any natural phenomena, even death itself.

Mary Magdalene shed tears of grief in the garden. Jesus called her ‘Mary’ and the tears flowed, but now tears of joy and hope. Hope, all because – ‘He calls me by my name.’

The Lord is risen from the dead. Alleluia alleluia

He is risen indeed. Alleluia alleluia

+ Kevin

NEW DIOCESAN WEBSITE

As many readers will be aware, this is now online. Enormous thanks are due to Petko Marinov, our Digital Missioner, for all of the work involved in its creation, as well as to Andrew Walker, our IT Officer, and Audrey O’Brien Stewart, our Canon Missioner, for their assistance in bringing the concluding actions together. The site address remains: <https://www.glasgow.anglican.org>.

Comments, queries, suggestions – or even further congratulations! – regarding the website can be sent to Petko at: digitalmissioner@glasgow.anglican.org.

LAST CHANCE TO CONTRIBUTE TO THE CANON 4 REVIEW!

Thanks to the many people who have sent responses from our Diocese to date – but 31st March is the deadline to have your ‘Glasgow and Galloway Say’ to the Review Group on the way we elect our Bishops. Do so at: <https://forms.gle/tV2yxERqpELWJrUv7> Please refer to the February Diocesan

From the Diocese (continued)

Office Update if you need to see the relevant background papers (or contact me as below).

UK GDPR (General Data Protection Regulation)

In response to some queries: following Brexit, there are now two GDPRs: the EU GDPR and the UK GDPR, which is the UK's post-Brexit version of the EU GDPR. It is substantially similar to the EU regulation and places similar obligations on data controllers and processors. Charges should therefore be aware that any documentation in this area (Privacy Notices or Consent Forms, for example) should now make reference to the UK GDPR.

And finally...

Away from the minutiae of GDPR, the Diocesan Office Administrative Staff (Christine, Marion and Iolanthe), as well as the Treasurer Bob Burgon, the Canon Missioner Audrey, Digital Missioner Petko, Dean Reuben and I would like to add our wishes to those of Bishop Kevin for a happy and blessed Eastertide, just over one year since our office closure on 25th March 2020, and as we look forward with cautious but increasing hope to the rest of 2021...

Kind regards,

John Mitchell, Diocesan Secretary

LET'S TALK ABOUT THE CLIMATE EMERGENCY - COASTS AND SEAS



Monday 29th March 2021 7.30pm - 8.30pm

<https://www.ecocongregationscotland.org/event/coastsandseas/>

As Scotland comes into the spotlight hosting COP26 - the United Nations climate talks due in Glasgow this November - we are calling on all Scotland's churches to join the conversation and take action on the climate emergency.

One of the most powerful ways we can encourage change is in talking, listening and telling our stories. Eco-Congregation Scotland has produced "Let's talk about the climate emergency", monthly themed resources to help congregations take part in awareness raising conversations about the climate emergency, encouraging everyone to take action.

Throughout March our theme has been Coasts and Seas. Scotland has a beautiful coastline, but marine pollution is now noticeable all along our coasts and in our

rivers. Plastic bottles, cigarette butts, cotton buds, crisp bags and sanitary applicators form the top five pollutants found on beaches. Much of this waste enters the food chain.



Fishing is still an important part of the economy and identity of many coastal communities. However, it is not without controversy. Climate change will bring sea-level rises and more extreme weather, which will affect vulnerable parts of Scotland's coasts and threaten the very existence of some nations and communities across the world.

For all working in the marine environment, for the protection of the marine environment by all people and by politicians, for all communities and nations affected by increasing sea levels due to climate change.

Jesus, you walked on the shore of Lake Galilee, at a threshold of land and water. You loved those who worked at that threshold, calling them to come, forgiving them their mistakes, and sending them to share your love. *Rev Jenny Adams*

EARTH HOUR IN SCOTLAND Saturday 27th March 2021 8.30pm - 9.30pm

Eco-Congregation Scotland is again delighted to support WWF Scotland for this year's Earth Hour. Millions of homes across the world will switch off non-essential lights for one hour this Saturday at 8.30pm to show they care about the future of our planet. Please join the movement. Find out more about Earth Hour in Scotland at this link and join the event on Facebook.

Rev David Coleman was delighted to visit St Mary's Episcopal Cathedral in Edinburgh to record a major online reflection for Palm Sunday on Mark 11:1-11. With churches now able to open for worship from this weekend, please contact our Eco-Chaplain to connect and work with your own church, online or in person.

We are also encouraging you to join in individual or household prayer with Christians across Scotland at 7pm on Sunday 28th March:

Scottish Church Leaders Forum Statement and Prayer

House Communion

House Communion are suspended until further notice. Anyone unable to attend church for communion please contact the Rector.

ST MICHAEL'S RAMBLING CLUB

WALKS 2021

When the Walking Group Committee met back at the beginning of September, we tentatively put together a program of local walks but sadly this wasn't to be as the before the first walk was scheduled the COVID 19 restrictions were changed (outdoor meetings for 6 adults from 2 households only) and it was agreed that our program would be put on hold while these restrictions remain in force.

Hopefully in 2021 we will be able to resume our regular outings to enjoy our beautiful countryside and the companionship of walking.

Please contact me by phone or email if it is proving difficult for individual outdoor exercise and we can look to arrange something on a one-to-one basis. Stay safe.

Gerry Quickfall

COMMITTEE MEMBERS:

Julia Gourd, Geoff Mason, Pete Ashton, Gerry Quickfall (trevgerry@talktalk.net)

READERS' LIST – MAY/JUNE 2021

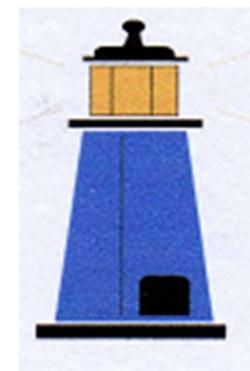
DATE	8:00am	10:30am	6:30pm
2 May	No Eucharist	Rebecca Parry	No Evensong
9 May	No Eucharist	Iona Gibson	No Evensong
16 May	No Eucharist	Helen Gibson	No Evensong
23 May	No Eucharist	Jeannette Scobie	No Evensong
30 May	No Eucharist	Jane Taylor	No Evensong
6 June	No Eucharist	Richard Smith	No Evensong
13 June	No Eucharist	James Ashby	No Evensong
20 June	No Eucharist	Jill Braid	No Evensong
27 June	No Eucharist	Jo Frain-Bell	No Evensong

SIDESPERSONS' ROTA – 2nd May – 5th July 2021

DATE		10:30am	
2021	2 May	Chris Packard	Ann Packard
	9 May	Chris Sanders	Linda Sanders
	16 May	James Ashby	Sue Ashby
	23 May	Gerry Quickfall	Alex Laing
	30 May	David Sheen	Barbara Hoey
	6 June	Brian Kyle	Maureen Kyle
	13 June	Nick Parry	Carol Parry
	20 June	Chris Packard	Ann Packard
	27 June	Chris Sanders	Linda Sanders
	4 July	Gerry Quickfall	Alex Laing

The Beacon Trust

It gets harder and harder to come up with news when all our normal activities are suspended, and I certainly don't wish to bore you by repeating a similar story in every edition of the Messenger. However, we are managing to keep things ticking with a few telephone orders that we receive; and last month we managed to deliver a couple of fridge freezers to people who really needed them. We are really looking forward to relaunching the Beacon Trust in full at the end of this month and are hoping for a surge in activity after the lock down.



Paul Allen, The Beacon Trust

LECTIONARY – MAY/JUNE 2021

Sunday	Eucharist (NRSV)	Evensong (NRSV)
2 May Easter 5	Acts 8.26-40 Psalm 22.24-30 1 John 4.7-21 John 15.1-8	<i>Easter 4</i> Psalm 129, 130, 131 Deuteronomy 8.1-20 John 15.14-16.4
9 May Easter 6	Acts 10.44-48 - Psalm 98 1 John 5.1-6 John 15.9-17	<i>Easter 5 - Psalm 134, 135 - Deuteronomy 9.11-29 - John 17.1-26</i>
16 May Easter 7	Acts 1.15-17,21-26 Psalm 1 1 John 5.9-13 John 17.6-19	<i>Sunday after Ascension Day</i> Psalm 47, 108 Leviticus 16.1-24 Acts 1.1-14
23 May Pentecost	Acts 2.1-21 Psalm 104.25-35,37 Romans 8.22-27 John 15.26-27; 16.4b-15	<i>Whitsunday</i> Psalm 104 Joel 2.21-32 Romans 8.19-27
30 May Trinity Sunday	Isaiah 6.1-8 Psalm 29 Romans 8.12-17 John 3.1-17	<i>Trinity Sunday</i> Psalm 148, 149, 150 Isaiah 6.1-8 Matthew 3.13-17
6 Jun Pentecost 2	Genesis 3.8-15 - Psalm 130 2 Corinthians 4.13 - 5.1 Mark 3.20-35	<i>Trinity 1 - Psalm 1, 4</i> Judges 4.1-24 Luke 4.16-30
13 Jun Pentecost 3	Ezekiel 17.22-24 Psalm 92.1-4,11-14 2 Corinthians 5.6-10,14-17 Mark 4.26-34	<i>Trinity 2</i> Psalm 10, 11 Judges 7.1-23 Luke 5.1-11
20 Jun Pentecost 4	Job 38.1-11 Psalm 107.1-3,23-32 2 Corinthians 6.1-13 Mark 4.35-41	<i>Trinity 3</i> Psalm 18 1 Samuel 4.1-18 Luke 7.1-10
27 Jun Pentecost 5	Wisdom 1.13-15; 2.23-24 Psalm 30 2 Corinthians 8.7-15 Mark 5.21-43	<i>Trinity 4</i> Psalm 23, 25 1 Kings 3.1-15 Luke 7.36-50

Remember **FACTS** for a safer Scotland

F
A
C
T
S

Face coverings



Avoid crowded places



Clean your hands regularly



Two metre distance



Self isolate and book a test if you have symptoms



nhsinform.scot/coronavirus
#WeAreScotland

